

CORE CATALOGUE



NEW



LADIES BUSH SHIRT - STONE LIGHTWEIGHT COTTON TWILL



AS152-145
LADIES BUSH SHIRT WITH
FRONT YOKE AND
VELCRO FLAP POCKETS

MENS BUSH SHIRT - STONE LIGHTWEIGHT COTTON TWILL



AS047-145 / AS044-145
MENS BUSH SHIRT WITH
FRONT YOKE AND
VELCRO FLAP POCKETS

OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3/5 WEEK DISPATCH WITH EMBROIDERY*

GARMENTS AVAILABLE IN OLIVE AND STONE & CHARCOAL • Shading may occur within stock garment orders due to varying fabric batches



LADIES BUSH SHIRT - STONE, OLIVE & CHARCOAL



LADIES BUSH SHIRT SHAPED
WITH FLAP POCKETS

AS150F
SHORT SLEEVES



AS150G
LONG SLEEVES WITH ROLLUP STEEVE TAB

OUR TECHNICAL FABRIC HAS THE
FOLLOWING GENUINE PROPERTIES:

FABRIC ENGINEERED
IN SOUTH AFRICA

-  anti wicking
quick dry
-  UV protection
-  shape retention
easy care
-  cool for
hot climates
-  colourfast

durable, ripstop
material

100% nylon/woven

MENS BUSH SHIRT - STONE, OLIVE & CHARCOAL



MENS BUSH SHIRT
WITH FLAP POCKETS
Size: S - 3XL

AS047
SHORT SLEEVES



AS044
LONG SLEEVES WITH ROLLUP STEEVE TAB

TECH

EASY CARE
WRINKLE
RESISTANT

OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3/5 WEEK DISPATCH WITH EMBROIDERY*

GARMENTS AVAILABLE IN OLIVE AND STONE & CHARCOAL • Shading may occur within stock garment orders due to varying fabric batches



AS857
 'CLASSIC ORIGINALS'
 MENS FLAT FRONT CHINOS

- Premier brand at wholesale pricing
- Washed twill
- Back jet pocket
- YKK Zipper
- Size: Men 28 - 44

CARGO POCKETS

MID-GREY

STONE

KHAKI

OAK

OLIVE (MADE-TO-FADE)

OLIVE

OLIVE



OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3/5 WEEK DISPATCH WITH EMBROIDERY*

Shading may occur within stock garment orders due to varying fabric batches



AS857COL-240

**MENS CARGO PANTS
FLAT FRONT - OLIVE**

- 240g polycotton twill
- classic fit with added length
- side cargo flap pockets
- size 34 leg length:
- outer leg 112cm
- inner leg 84cm
- front slant pockets and a back right jet pocket
- metal ykk zip
- double stitched outer seams
- pre-shrunk and washed

Size: Men 28 - 44

AS856COL-240

**MENS CARGO SHORTS
FLAT FRONT - OLIVE**

- 240g polycotton twill
- side cargo flap pockets
- inner leg 26cm
- front slant pockets and a back right jet pocket
- metal ykk zip
- double stitched outer seams
- pre-shrunk and washed

Size: Men 28 - 44

**AS857COL-240
MENS CARGO PANTS
FLAT FRONT - OLIVE**



**AS856COL-240
MENS CARGO SHORTS
FLAT FRONT - OLIVE**



OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3/5 WEEK DISPATCH WITH EMBROIDERY*

Shading may occur within stock garment orders due to varying fabric batches



NEW

AS747BST-210 LADIES STONE
AS747BKH-240 LADIES KHAKI
 MID RISE FLAT FRONT TROUSERS
Fabric: Polycotton Twill
Size: Ladies 28 - 48



Supplied in a bag

ASTMPONO - ADULTS PONCHO - DURABLE RUBBERISED AND WATERPROOF, IN A BAG
 OLIVE, 89L X 140W
Fabric: Nylon - Size: OSFA



NEW

UNISEX POLAR FLEECE TOP WITH POCKETS
AS283CG - PLAIN CHARCOAL
Fabric: Normal Polar Fleece
Size: XS - 3XL



ASBE11 UNISEX ELASTICATED PANTS WITH 3 POCKETS & DRAWCORD
 • BLACK
Size: S - 3XL



AS780SB-210 - UNISEX TUNIC STONE / BLACK NECKLINE SS SERVICE STAFF
Fabric: 210G Polycotton Twill
Size: XS - 3XL



UNISEX POLAR FLEECE TOP WITH POCKETS
AS283OS - OLIVE / STONE
Fabric: Normal Polar Fleece
Size: XS - 3XL

SERVICE STAFF UNISEX POLAR FLEECE TOP - NO POCKETS
AS283AB - BLACK
Fabric: Normal Polar Fleece
Size: XS - 3XL



OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3/5 WEEK DISPATCH WITH EMBROIDERY*

Shading may occur within stock garment orders due to varying fabric batches



LADIES PF TOP, RAGLAN
 SLV, PKTS, INNER COLLAR
AS1008CG - CHARCOAL
Fabric: Normal Polar Fleece
Size: S - 2XL



AS1058G - MENS

NEW

AS1058 / AS1059
SOFTSHELL JACKETS

- GREY
 - Full Front Zip
 - Shaped Style
 - Hemmed Sleeve
 - Front Zip Pocket
 - Hip Length
- Size: XS - 5XL*



AS1059G - LADIES

NEW



SHERPA FLEECE UNISEX
 SLEEVELESS TOP
 - CHOC / STONE

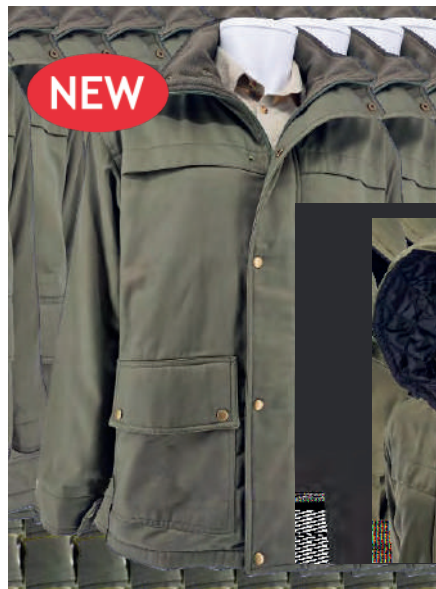
Size: S - 2XL

LAST BUY

ON SPECIAL



ASTMPARKA-OL
 CORE RANGE PARKA
 LON WITH HOOD 2 POCKETS
 OLIVE
Fabric: Oxford Nylon WP
Size: S - 3XL



NEW

AS3950L - OLIVE
 PARKA JACKET WITH
 POLAR FLEECE LINING
 Zip off Hood
Fabric: 210GM Polycotton Twill
Size: XS-3XL



NEW

ASBECONTIKH - KHAKI
 CONTI SUIT
Size: S - 2XL
Fabric: 210GM Polycotton Twill

OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3/5 WEEK DISPATCH WITH EMBROIDERY*

Shading may occur within stock garment orders due to varying fabric batches



STOCK ESSENTIAL - JACKET & PANTS

manufactured using a DURABLE polycotton



ASBE1-PC-W
DOUBLE BREASTED LONG
SLEEVE JACKET WITH
FOLD-UP CUFFS AND WHITE
REMOVABLE POPPERS
SIZING: S - 3XL
200GM POLYCOTTON TWILL



ASBE11-PC-B
CHEFS ELASTICAED
PANTS / BAGGIES
WITH 3 POCKETS
AND INNER
DRAWCORD
SIZING: S - 3XL
200GM POLYCOTTON TWILL



AST08 - HALF APRON WITH
RECTANGULAR POCKET
98W X 77Lcm
• BLACK



AST09 - BIB APRON WITH
NECK ADJUSTER AND
ROUNDED POCKET
72W X 86Lcm
• BLACK



AST06 - CHEFS BEANIE WITH TONAL
TOPPIPING AND HIDDEN
VELCRO CLOSER
7,5H X 18cm
• BLACK



ES2B - EXECUTIVE CHEFS JACKET
WITH PIPING, FRENCH
CUFFS & UNDERARM EYELETS
white/black piping - black/white piping
210gm p/c twill

OUR FULL STOCK RANGE 'AS' CODED IS AVAILABLE ON A 3/5 WEEK DISPATCH WITH EMBROIDERY*

Shading may occur within stock garment orders due to varying fabric batches



AT780 - UNISEX TUNIC SS



AT966B - MENS SS
V NECKLINE TUNIC



AT1072SS - MENS OPEN MANDARIN
COLLAR SHIRT SS



AT155 - UNISEX V-NECK
TUNIC SS



AT780E - UNISEX TUNIC
SS WITH PIPING & SLEEVE TRIM



AT780C - UNISEX TUNIC SS
WITH SHWESHWE NECK &
SLEEVE TRIM



AS857 - STOCK
'CLASSIC ORIGINALS' MENS FLAT
FRONT CHINOS - STONE, KHAKI,
OAK & OLIVE



AXTO11 - BLACK - UNISEX
ELASTICATED PANTS WITH
PKTS & DRAWCORD



AXCM-TG1-460 - MENS
SERVICE STAFF POLY
TROUSERS



AT1004LS - MENS MANDARIN
OPEN NECK COLLAR, COVERED
BUTTONSTAND SHIRT, LONG SLEEVES



AT159B - MENS MANDARIN
COLLAR BUTTON SHIRT SS
OPT PKTS AND TRIM



AT1004SS - MENS MANDARIN OPEN
COLLAR SHIRT SS WITH COVERED
BUTTONSTAND



AS283AB - STOCK -
UNISEX PF TOP, NO POCKETS
BLACK

Manufactured to your colour and trim detail - wide choice of fabric types and weights. 6/8 week delivery. See Stock for immediate delivery



AT1047 - LADIES
3/4 SLEEVE SHIRT, 1/4 BUTTONSTAND



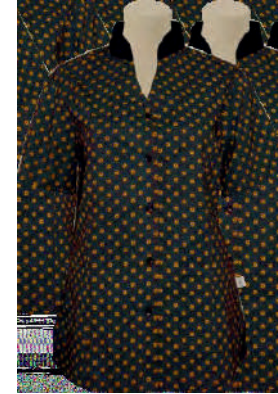
AT1063SS - LADIES OPEN
MANDARIN COLLAR SHIRT SS
COVERED BUTTON STAND

AT159 - LADIES OPEN NECK
SHIRT SS OPT PKTS AND TRIM



AT780C - UNISEX TUNIC SS
WITH SHWESHWE NECK &
SLEEVE TRIM

AT1034 - LADIES MANDARIN
SS SHAPED



AT966 - LADIES SS V NECKLINE
SERVICE TUNIC



AXTODOEK - CORE
HOUSEKEEPING DOEK

AXTOSMD - LADIES
SMOCK DELUXE, SHAPED
2 BOTTOM POCKETS
106CM LENGTH



AT140 - LADIES
SMOCK WITH PLAIN
CONTRAST



AT987 - LADIES
ELASTICATED
PANTS



AT070 - LADIES PLAIN
WRAP SKIRT, 1
PANEL



AXTO40 - LADIES HALF
ELASTICATED SKIRT WITH
BUTTON & ZIP



AT064B - LADIES HALF
ELASTICATED SKIRT WITH
BUTTON, ZIP, OPT STRIPES

AT833B - SPA TABARD
FULL FRONT DOUBLE PKT
SIDE BUTTON CLOSERS
71CM LENGTH Size S - 2XL



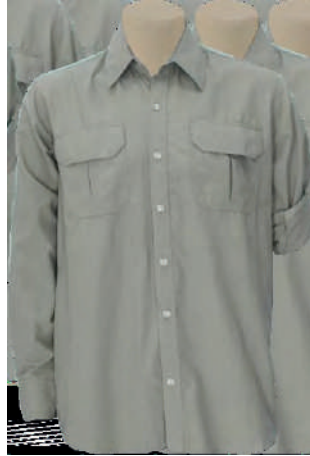
AXTOTAB - STANDARD
TABARD CONTRAST
BINDING
76CM LENGTH Size S - 3XL



AXTOSMS - PLAIN LADIES
SMOCK STANDARD WITH
2 BOTTOM PKTS - 106CM
FROM NECK TO SEAM



**AT370LSV - MENS VENTED
HOSTING SHIRT LS**



**AT370LBV - MENS VENTED
BUSH SHIRT LS**



**AS044-TEC - STOCK - RANGERS BUSH
SHIRT WITH ROLL UP TABS LS, CHARCOAL
OLIVE, STONE OR CHOC**



**AS047-TEC - STOCK
RANGERS BUSH SHIRT SS, CHARCOAL
OLIVE, STONE**



**AXKVLO-PLA-LS - POLYCOTTON
CLASSIC LOUNGE SHIRT
LS / SS**



**AT1037 - SLIM FIT
LOUNGE SHIRT
LS**



**AT283 | AS283
UNISEX POLAR FLEECE
WITH POCKETS**



**AT1058 - MENS SOFT SHELL
JACKET WITH POCKETS**



**AT397 - MENS SLEEVELESS
PUFFER JACKET**



**AT397B - MENS SLEEVELESS
PUFFER JACKET WITH DIAMOND
STITCHING**



**AS857 - STOCK
'CLASSIC ORIGINALS'
MENS FLAT FRONT CHINOS**

- Premier brand at wholesale pricing
- Washed twill
- Back jet pocket
- YKK Zipper

Size: Men 30 - 44

Manufactured to your colour and trim detail - wide choice of fabric types and weights. 6/8 week delivery. See Stock for immediate delivery

AS150F-TECH - STOCK - LADIES
SHIRT SHAPED WITH FLAP PKTS
SS, STONE, OLIVE & CHARCOAL



AT150B - LDS CLASSIC
SHAPED SS SHIRT

AT150 - LDS CLASSIC
SHAPED LS SHIRT WITH SLEEVE TAB



AS150G-TECH - STOCK - LADIES CLASSIC
SHAPED SHIRT LONG SLEEVE
STONE, OLIVE & CHARCOAL



AT990B - LADIES BUTTON DOWN DRESS
WITH SELF FABRIC WAIST BELT
NO POCKETS



AXKVLL-TUL - LDS ¾
SLEEVES, SHAPED HEM

AXKVLL-JAS - MANDARIN
COLLAR DETAIL AT THE
NECKLINE, SS



AT1047 - LADIES
¾ SLEEVE SHIRT
¼ BUTTONSTAND



**AT1059G - SS - LADIES SOFT SHELL
HIP LENGTH JACKET WITH ZIP POCKETS - GREY**
• Full Front Zip • Shaped Style
• Hemmed Sleeve Cuffs
SIZE: XS-5XL



**AT737B - LADIES L/LENGTH
QUILTED S/LESS JACKET**



**LADIES PF TOP, RAGLAN SLV, PKTS, INNER COLLAR
AS1008CG - CHARCOAL**
Fabric: Normal Polar Fleece Size: S - 2XL



**AT1008 - LADIES
PF TOP, RAGLAN SLEEVE, PKTS,
COLOURS**



**AT772A - LADIES
ALINE 70CM KNEE
SKIRT**



**AT066H - LADIES
MANAGEMENT SKIRT
FRONT ZIP, KNEE LENGTH
54CM**



**AXCM-KW1-460
LADIES CORE SKIRT,
64CM UNLINED**



**AXCM-TWH-460 - LADIES
LOW RISE STRAIGHT LEG
PANTS**



**AT1026 - LADIES CHINO
LOW RISE FLAT
FRONT TROUSERS**



**AS747B
LADIES STONE / KHAKI
MID RISE FLAT FRONT TROUSERS • Fabric: Polycotton Twill
Size: Ladies 28 - 48**





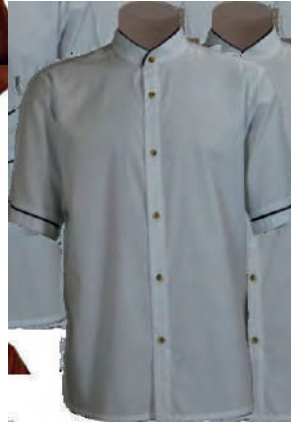
AT1004LS - MENS MANDARIN
OPEN NECK COLLAR, COVERED
BUTTONSTAND SHIRT
LS / SS

AT131B - MENS MANDARIN
COLLAR SHIRT SS WITH COVERED
BUTTONSTAND



AT371B - MENS MANDARIN
COLLAR SHIRT
LS

AT371 - MENS MANDARIN
COLLAR SS SHIRT



AT131 - MENS MANDARIN
COLLAR SHIRT LS OPT
PKT AND TRIM

AT159B - MENS MANDARIN
COLLAR SS SHIRT WITH
OPT PKTS & TRIM



AT870 - UNISEX
WAISTCOAT FULLY LINED



AXKVLO-PLA-LS - MENS
CLASSIC LOUNGE SHIRT
LS / SS



AXCM-TG1-460 - MENS
SERVICE STAFF POLY
TROUSERS



AS857 - STOCK
'CLASSIC ORIGINALS' MENS FLAT
FRONT CHINOS, STONE, KHAKI
OAK & OLIVE



EC41A- V-NECK
TUXEDO APRON



AT1048 - BISTRO
CONTRAST HALF APRON



AXTO33 - BAR APRON
WITH POCKET



AT1076 - HALF APRON
WITH PIPED POCKET



AT1063LS - LADIES OPEN
MANDARIN COLLAR SHIRT LS
COVERED B/S



AT1063SS - LADIES OPEN
MANDARIN COLLAR SHIRT SS
COVERED B/S



AT729B - LADIES BUTTONUP MANDARIN
COLLAR SHIRT SS



AT1073 - LADIES LS
SHIRT SHAPED MANDARIN
NECKLINE



AXKVLL-MAD - LADIES POLYCOTTON
¾ SLEEVE FEMININE CUT BLOUSE



AT159D - LADIES MANDARIN COLLAR
BUTTONUP SHIRT SS
OPT PKTS AND TRIM



EC33A - BAR APRON WITH
POCKET AND OPTIONAL
STRIPES



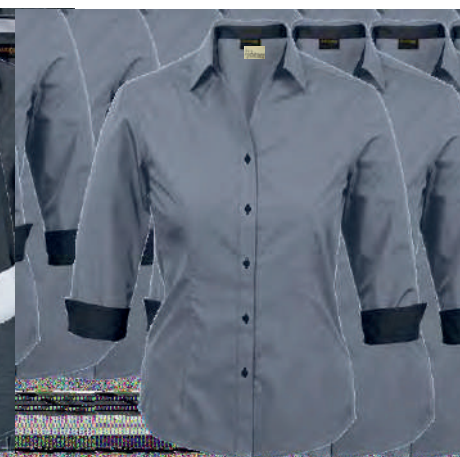
AXCM-TW6-460
LADIES FORMAL MIDRISE
BOOTLEG PANTS



AT159 - LADIES OPEN NECK
SHIRT SS OPT PKTS AND TRIM



AXKVLL-ONY - ¾ SLEEVES
WITH CONTRAST TURN-UP
CUFFS

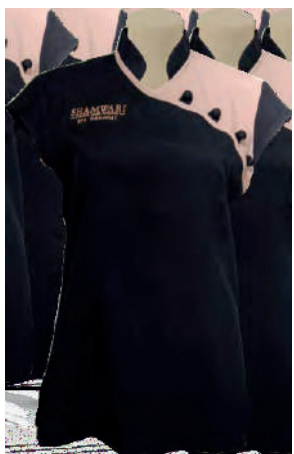


AXKVLL-SAG - ¾ SLEEVE BLOUSE
CONTRAST INNER CUFFS AND
COLLAR STAND



AT1047 - LADIES
¾ SLEEVE SHIRT
¼ B/S

Manufactured to your colour and trim detail - wide choice of fabric types and weights. 6/8 week delivery. See Stock for immediate delivery



AT964
LADIES SPA TOP

AXKVTU-IVY - LADIES TUNIC
MANDARIN COLLAR, SS



AXDCNIT2M
LADIES SPA TOP

AT966 - LADIES SS V NECKLINE
TUNIC



AXCM-TW6-460
- LADIES FORMAL MIDRISE
BOOTLEG PANTS POLYESTER



AT833B - SPA TABARD - LONGER
LENGTH , SIDE BUTTON CLOSURES
FULL FRONT DOUBLE PKT



AT014 - LADIES
DRAWSTRING CAPRI
PANTS



AT987B - LADIES 3/4
COMFORT PULL ON PANTS
POLYESTER

Manufactured to your colour and trim detail - wide choice of fabric types and weights. 6/8 week delivery. See Stock for immediate delivery



AT044 / AT047-210
RANGERS TWILL BUSH SHIRT
WITH ROLL UP TABS LS OR SS



AS044-TECH / AS047-TECH - STOCK - RANGERS BUSH SHIRT WITH ROLL UP TABS LS OR SS OLIVE, STONE OR CHARCOAL



AXTOBLS - TRACKER BUSH SHIRT GLADNECK LS AXTOBSS - TRACKER BUSH SHIRT GLADNECK SS



AS047-145 / AS044-145
MENS BUSH SHIRT WITH
FRONT YOKE AND
VELCRO FLAP POCKETS



UNISEX POLAR FLEECE POLAR FLEECE TOP WITH POCKETS AS283CG - CHARCOAL
Fabric: Polar Fleece Normal



AS857CHI - STOCK MENS FLAT FRONT 'CLASSIC ORIGINAL ' CHINOS - STONE, KHAKI, OAK & OLIVE

CARGO



AS857COL-240
MENS CARGO PANTS
FLAT FRONT - OLIVE

AS856COL-240
MENS CARGO SHORTS
FLAT FRONT - OLIVE



AS395OL - OLIVE PARKA JACKET WITH POLAR FLEECE LINING
Zip off Hood / Fabric: 210GM Polywill
Size: XS - 3XL



AS150 - STOCK - LADIES TECH BUSH SHIRT LS AND SS SHAPED WITH FLAP PKTS, STONE, OLIVE & CHARCOAL



AT735 - LADIES BUSH SHIRT WITH A ROUNDED COLLAR SS



AT787 - LADIES BUSH SHIRT WITH A ROUNDED COLLAR LS



AT150V - LADIES SHIRT CLASSIC SHAPED WITH BACK VENT



AT747B - LADIES CHINOS MIDRISE FLAT FRONT TROUSERS



AT1026 - LADIES LOW RISE FLAT FRONT CHINOS



AT747E / AT747F - LADIES CARGO MIDRISE FLAT FRONT SHORTS



**AS3950L - OLIVE UNISEX SLEEVELESS PARKA JACKET WITH POLAR FLEECE LINING
Zip off Hood
Fabric: 210GM Polytwill
Size: XS - 3XL**



AT1059-SS - LADIES SOFT SHELL JACKET WITH POCKETS



**AS1008CG - CHARCOAL LADIES PF TOP, RAGLAN SLV, PKTS, INNER COLLAR
Fabric: Normal Polar Fleece
Size: S - 2XL**

AT1008 LADIES PF TOP, RAGLAN SLEEVE, PKTS, COLOURWAY OF YOUR CHOICE

Manufactured to your colour and trim detail - wide choice of fabric types and weights. 6/8 week delivery. See Stock for immediate delivery



ASTMPARKA-OL - OLIVE CORE RANGE PARKA NYLON WITH HOOD 2 POCKETS
Fabric: Oxford Nylon WP
Size: S - 3XL



AS2830S - STOCK - MENS PF TOP WITH POCKETS
OLIVE / STONE



AXTOBLS - TRACKER BUSH SHIRT GLADNECK LS

AXTOBSS - TRACKER BUSH SHIRT GLADNECK SS



AXTOBLSE - TRACKER BUSH SHIRT GLADNECK LS WITH EPAULETTES

AXTOBSSE - TRACKER BUSH SHIRT GLADNECK SS WITH EPAULETTES



AXCY6PANWORK
 - 6 PANEL DURABLE WORKWEAR CAP



AT001
 POLAR FLEECE BEANIE



AXCYASPBEANIE
 BEANIE KNITTED



AXTOPANTCARG
 TRACKER CARGO PANTS WITH FLY AND HALF ELASTICATED



AXTOPAN - TRACKER PANTS WITH FLY AND HALF ELASTICATED



AXTOSHO - TRACKER SHORTS WITH FLY AND HALF ELASTICATED
AXTOSHOC - TRACKER SHORTS WITH CARGO POCKETS



AT566E - PONCHO CLOSED NECK PF LINED KNEE LENGTH WP OXFORD NYLON & POLAR FLEECE 134W X 97Lcm



Supplied in a bag

IN STOCK

ASTMPLIO - LAST BUY - ADULTS LINED PONCHO DURABLE - HEAVY RUBBERISED AND POLAR FLEECE LINED, IN A BAG 1,2M LONG

**At566 - PONCHO PF LINED, KNEE LENGTH
AT566C - PONCHO PF LINED ANKLE LENGTH
AT566B - PONCHO PF LINED CALF LENGTH
AT566D - PONCHO UNLINED KNEE LENGTH
AT566G-NOR - PONCHO PF CALF 1,2M UNLINED**



Supplied in a bag

IN STOCK

ASTMPONO - STOCK - PONCHO - DURABLE RUBBERISED AND WATERPROOF, OLIVE, 1,2M LONG Fabric: Nylon - S ize: OSFA

AXTMRAINCOAT - RAINCOAT IN A BAG - 1 PIECE



KIDS

IN STOCK immediate DELIVERY

Supplied in a bag



Pic of 6 year old Luke

ASTMKIDPONO - LAST BUY - KIDS PONCHO RUBBERISED AND WATERPROOF, OLIVE, 69L X 78W Fabric: Nylon - S ize: OSFA



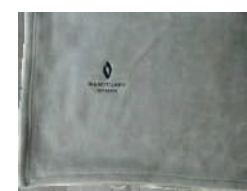
AXTMRAINSUIT RAINSUIT IN A BAG 2 PIECE



LUXURY BUSH BLANKET AT456A - 145 X 145CM AT456B - 145 X 200CM PC TWILL & POLAR FLEECE



PF BLANKET RAW CUT EDGE AT454F - 140 X 100 AT454E - 140 X 150 AT454G - 140 X 200



PF BLANKET HEMMED EDGE AT454D - 140 X 150 AT454C - 140 X 180 AT454H - 140 X 200



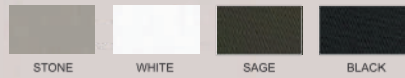
AT453 - HOT WATERBOTTLE cover only



120gm POLYCOTTON SHIRTING - Easy care and cool



145gm 100% COTTON TWILL - Pre shrunk, light and cool cotton



220gm 100% COTTON TWILL



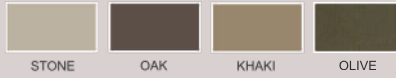
220Egm 100% COTTON TWILL



SHWE SHWE



235g 100 % BRUSHED COTTON TWILL - SABS quality approved



160gm POLYCOTTON TWILL - lighter and durable



200Egm POLYCOTTON TWILL



210gm POLYCOTTON TWILL



CHECKS & STRIPES POLYCOTTON TWILL



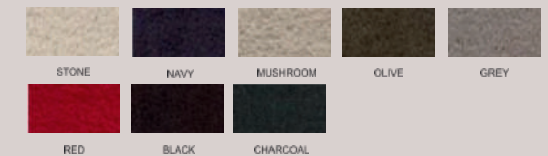
160gm 100% POLYESTER - mechanical stretch



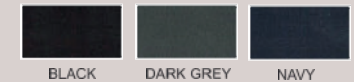
POLAR FLEECE MICRO 200gm, anti pill, technical



POLAR FLEECE NORMAL - 250gm, anti pill

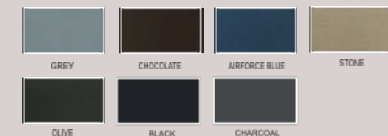


SOFTSHELL



- breathable
- waterproof
- mens and ladies jackets
- bonded with fleece inner

TECHNICAL FABRIC



- antiwicking quick dry
- UV protection
- easy care with shape retention
- cool and colour fast



Please request an actual sample garment to confirm your sizing before placing your order as the information below is only a guideline. No returns if garments are supplied as per your order.

General Metric Conversion Table

INCHES:	28	30	32	34	36	38	40	42	44	46	48
CMS:	71	76	81	87	92	97	102	107	112	117	122

Men's Lounge Shirts

Measure under your arms, around your back and around the top part of your chest with your arms at your sides

ORDER:	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	81	87	92	97	102	107	112	117	122	127	132	137
Approx S, M, L:	S	S	S	M	M	L	L	XL	2XL	3XL	4XL	5XL

Unisex Tunics & Men's Bush Shirts - cut on the larger size

Measure under your arms, around your back and around the top part of your chest with your arms at your sides

ORDER:	XS	S	M	L	XL	2XL	3XL	4XL
Inch Size:	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60

Men's Trousers and Shorts - measure around your waist

ORDER:	28	30	32	34	36	38	40	42	44	46	48
Metric Size:	71	76	81	87	92	97	102	107	112	117	122

Ladies Polar Fleece Top 1008 / Soft Shell Jacket 1059

ORDER:	XS	S	M	L	XL	2XL	3XL
Inch Size:	30	32-34	36-38	40	42	44	46

Unisex polar Fleece Tops 283 - 2 inch overall allowance

ORDER:	S	M	L	XL	2XL	3XL	4XL	5XL
Inch Size:	34-36	38-40	42-44	46	48	50	52	54

Overalls –conti suits are ordered by chest measurement

- our suggestion is to order 1 size bigger than chest measurement to allow for movement and clothing to be worn under the suits
- conti pants in the set are 2 sizes smaller per industry norm - see below
- above based on a slim body type, larger body types to order 2 sizes bigger
- please order a sizing set before placing your order as there are no returns on conti suits correctly supplied

Conti suit sets

ORDER Top Size:	32	34	36	38	40	42	44	46	48	50
Pants - elasticated:	28	30	32	34	36	38	40	42	44	46

When ordering conti pants only

Please order 1 size you need to confirm the general sizing as there are no returns on conti pants correctly supplied

Your waist size:	28	30	32	34	36	38	40	42	44	46	48
Pants relaxed:	26	28	30	32	34	36	38	40	42	44	46
Pants full stretched:	36	38	40	42	44	46	48	50	52	54	56

Ladies Size Chart for Shirts and Tops

Measure under your arms, around your back and around the largest part of your bust with your arms at your sides

ORDER:	28	30	32	34	36	38	40	42	44	46
Metric Size:	72	77	82	87	92	97	102	107	112	117
Approx S, M, L:	XS	S	S	M	M	L	XL	2XL	3XL	4XL

Ladies pants and skirts

Measure around your hips 2 fingers above where the trouser lower waistband would sit

ORDER:	28	30	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	72	77	82	87	92	97	102	107	112	117	122	127	132	137

Chefs Double Breasted Jackets

Order:	30	32	34	36	38	40	42	44	46	48	50	52	54
Metric Size:	76	81	87	92	97	102	107	112	117	122	127	132	137
Half Chest:	43	46	49	52	55	58	61	63	67	70	72	74	77
Approx Alpha Size:	XS	XS	S	S	M	M	L	L	XL	XL	2XL	3XL	3XL

Chef Flap Shirts

Order:	S	M	L	XL	2XL	3XL	4XL	5XL
Metric Size:	92-97	102-107	112	117-122	127-132	137-142	147	152
Inch Size:	36-38	40-42	44	46-48	50-52	54-56	58	60
Half Chest:	56	58	61	67	72	78	82	87

Chef Elasticated Trousers

Order:	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Inch Size:	26-28	30	32	34-36	38-40	42-44	46-48	50-52	52-54
Metric Size:	67-72	77	82	87-92	97-102	107-112	117-122	127-132	132-137

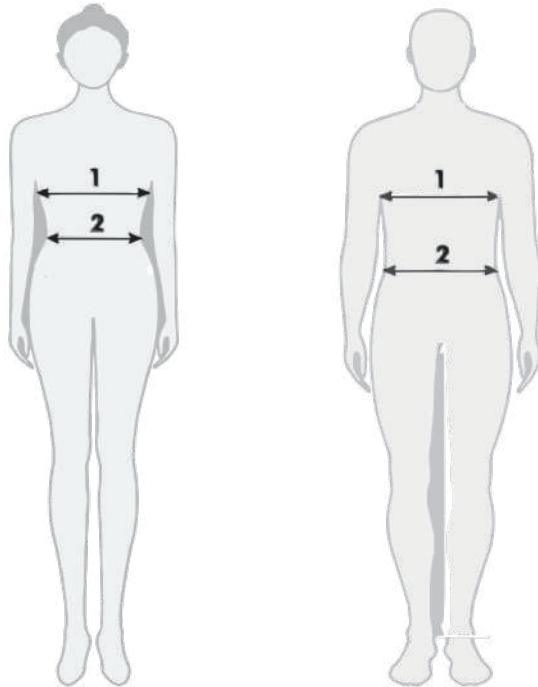


1 - LADIES BUST: Measure at the fullest part of your bust, by placing the tape measure under your arms and across your shoulder blades. Remember to breathe out when taking this measurement.

2 - LADIES WAIST: Measure your waist around the natural waistline.

1 - MENS CHEST: Measure across the widest part of the chest, under the armpits, and around the back. Ensure that the tape is horizontal all the way around the body. (Do not allow it to dip at the back).

2 - MENS WAIST: Decide where you want your trousers to sit (on the hips, above the hips) and measure at this position. Ensure that the tape is horizontal to the ground



COTTON GARMENT WASH CARE

- Cold water wash
- Do not tumble dry
- Garments must be rinsed thoroughly - modern washing powder contains optical bleach which, when poorly rinsed, reacts with the sun to bleach the fabric
- Perspiration will bleach the colour from cotton garments
- Allow up to 5% shrinkage
- Cotton fabric and colour is unfortunately not guaranteed due to the varying wash care and working conditions per client

WASHING AND GARMENT CARE INFORMATION

- Cold water wash
- Do not tumble dry.
- Garments must be rinsed thoroughly
- Cool iron must be used on all fabrics except nylons and polar fleece materials (No Ironing)
- Do not iron on the screenprints or the embroideries
- Do not use bleach as this will weaken the fibres

WASHCARE GUIDELINES - HOW TO INCREASE YOUR WARDROBE LIFE SPAN:

Washing:

- Avoid harsh bar soaps and bleaches as they cause discolouring
- Use very little fabric softener as this tends to weaken fibres

How to reduce creasing:

- Hang up garment after wearing. Fasten zips and buttons to help the garment keep its shape
- Jackets should be placed on a hanger when not being worn
- Hang washable garments on hanger whilst damp and minor creases should drop out
- When ironing is required, iron on the reverse side to prevent "shining"

Drying:

- Fasten all buttons & hang inside out, especially dark colours
- If garments are left out in the sun all day they will be bleached by the sun

Stain removal:

- Always carefully remove stains before washing or drying as heat can make stains permanent

TREATING STAINS:

Antiperspirant: Make a paste with bicarbonate of soda and salt and

apply to stain for about 15 minutes. Soak in detergent and then wash as normal.

Ball Point Pen: Sponge with methylated spirits or Eau-de-Cologne. Any remaining stain should then be rubbed with soap and washed as normal.

Alcohol or Food: Use soda water. Place a towel under area. Fizz soda and rub in towards the centre of the spot.

Blood: Mop with tissues & soak in strongly salted cold water. Keep changing the salt-water solution until it runs clear. Sponge any remaining stain with warm water. Rinse with cold water. Wash the whole garment before the stain dries using a detergent.

Chewing Gum: Put the stained garment in a plastic bag and freeze overnight. Gum should scrape off easily, or brush egg white onto gum stains with a toothbrush and wash normally.

Coffee and Tea: Soak in lukewarm detergent solution. (Always dissolve the detergent in water soaking). Then treat with methylated spirits.

Fruit and Fruit Juices: Rub the stain with salt before washing. Rinse in cold water and soak in liquid detergent. (See care label)

Oil: Eucalyptus oil is an excellent oil and grease stain remover (from pharmacy). Using a cotton swab, apply to stained area and then wash as per the care instructions.

Tomato Sauce: Rinse in cold water and soak in liquid detergent. If necessary, treat with methylated spirits.

HAND WASHING:

- Fill a bucket or deep sink with warm water and about a ¼ cup of detergent
- Put your clothing in the water and leave to soak for a while if stained
- Knead the clothing with your hands in the water for a few minutes, as much as you would knead bread
- Rinse the clothing until water runs clear, not soapy
- Wring out the garment gently
- Turn garments inside out and close any buttons' or zips
- Hang out to dry on a clothes line or a well-ventilated area